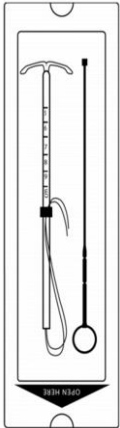
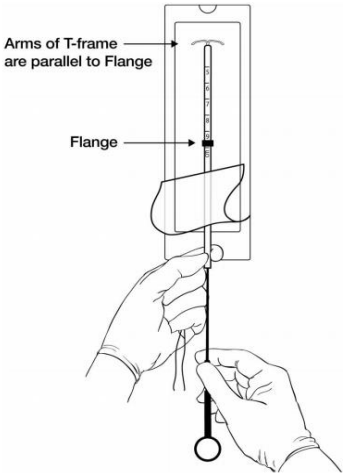
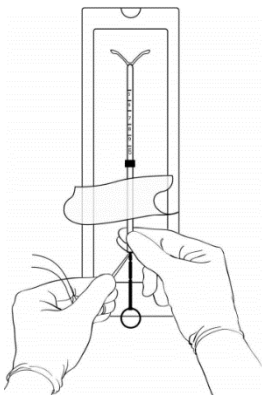
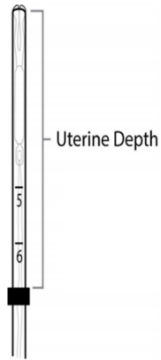


JOB AID: LNG-IUD loading with two-handed inserter

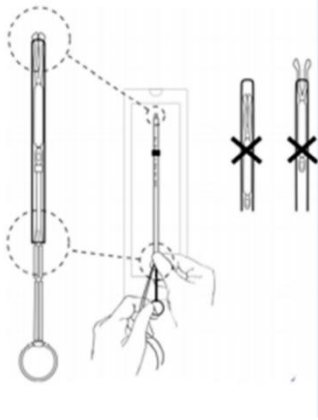
STEP 1: Open the package	
 The diagram shows a vertical rectangular package for an LNG-IUD. Inside, a long inserter tube with a T-shaped handle at the top and a rod at the bottom is visible. The package is partially open at the bottom.	• Place the LNG-IUD package on a flat, clean surface. • Open from the bottom by pulling on the clear plastic cover from the end farthest from the LNG IUD until package is 1/3 open.
STEP 2: Release threads from the flange and insert the rod	
 The diagram shows a pair of hands manipulating the inserter tube. One hand holds the tube while the other releases the threads from a flange. Labels indicate 'Arms of T-frame are parallel to Flange' and 'Flange'. The rod is being inserted into the tube.	• Pick-up threads with dominant hand and release them from flange • While holding inserter tube and threads, remove rod and insert it into the inserter tube until the tip of the rod is at 5 cm mark.
STEP 3: Load the LNG IUD into the Inserter	
 The diagram shows a pair of hands loading the LNG-IUD into the inserter tube. The inserter tube is held vertically, and the LNG-IUD is being pushed down into it. The T-shaped handle is visible at the top.	• Hold inserter tube and rod firmly with the thumb and index finger of dominant hand. • With the other hand grasp threads and gently pull the IUD down slowly and steadily into the insertion tube until the knobs of the lateral arms form a hemispherical dome at the top of the tube and the tip of the rod is touching the bottom of the LNG IUD. The hemispherical dome facilitates safe passage through the cervical os

STEP 4: Adjust the flange to the uterine depth



- Adjust the upper end of the flange to correspond the uterine depth as measured by the uterine sound

STEP 5: Check final IUD positioning



- LNG-IUD should be positioned in the tube so that the knobs of the lateral arms form a hemispherical dome.
- The top of the rod is touching the bottom of the IUD
- The threads are hanging through the end of the insertion tube
- The flange is marking the depth of the uterus
- The proximal end of the insertion tube will be approximately at the top of the first indent on the rod.

STEP 6: Remove the Insertion tube from the packet

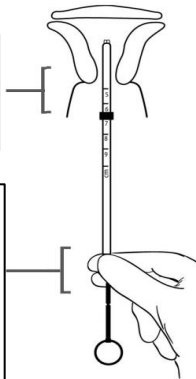
- Remove the loaded IUD insertion tube from the package while holding the lower end of the tube firmly between your fingers and thumb
- If not using sterile gloves, do not touch the flange and any part of the insertion tube above the flange during this step and through the IUD insertion procedure

JOB AID: LNG-IUD Insertion with two-handed inserter

STEP 1: Insert loaded LNG IUD into the Uterus

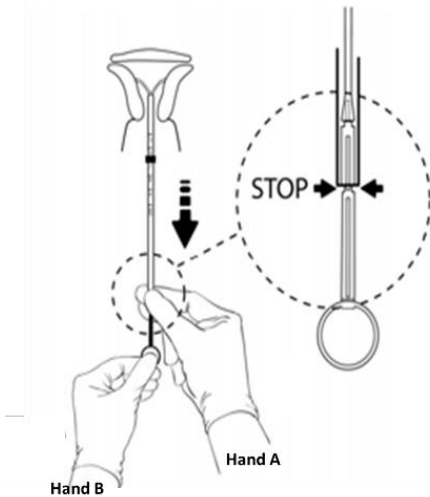
Stop 1.5-2.0
cm from the
cervix

Firm pinch
on tube and
rod prevents
the rod from
falling out of
the tube



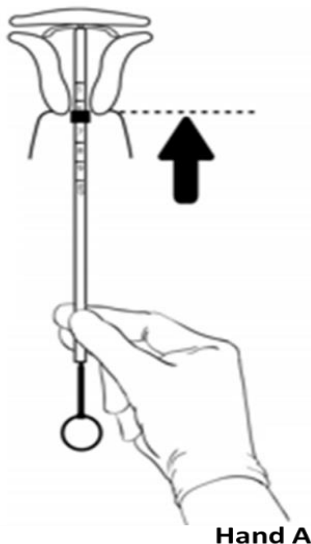
- Apply gentle traction on the tenaculum to straighten the alignment of the cervical canal and uterine cavity
- Slide the loaded LNG-IUD insertion tube through the cervical canal until the upper edge of the flange is approximately 1.5–2.0 cm from the cervix
- DO NOT advance flange to the cervix at this step

STEP 2: Release arms of LNG IUD in the uterus



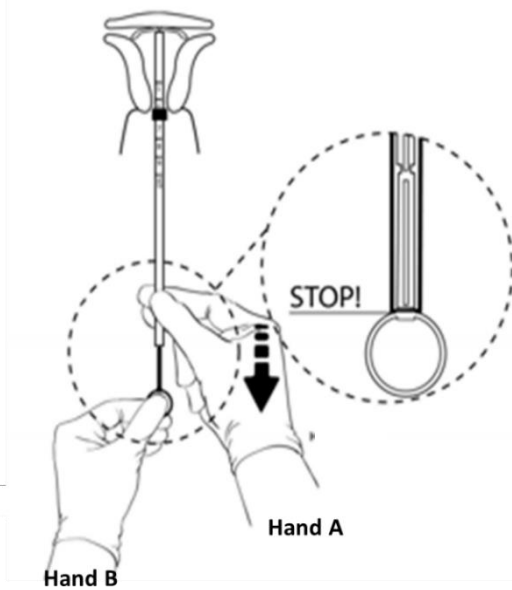
- Release hold on tenaculum
- Hold insertion tube with the fingers of one hand (Hand A) and the rod with the fingers of other hand (Hand B)
- Relax the firmness of the pinch on the tube, AND PULL THE INSERTION TUBE BACK with Hand A to the edge of the second (bottom) indent on the rod
- Wait 10-15 seconds for the arms of the IUD to fully open

STEP 3: Advance LNG IUD to fundus



- Apply gentle traction with tenaculum
- With Hand A still holding the proximal end of the tube, advance the insertion tube (with the rod still inside) up to the uterine fundus
- You will feel slight resistance when the LNG-IUD is at the fundus
- The flange should be touching the cervix when the LNG-IUD reaches the uterine fundus

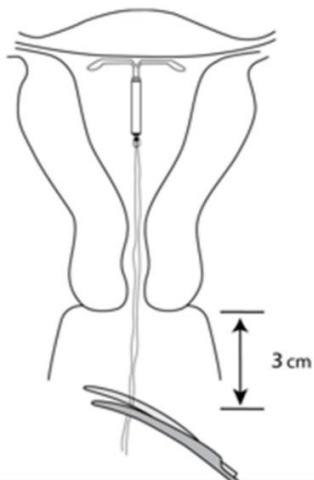
STEP 4: Release the LNG IUD and withdraw the Inserter



- Hold rod still with Hand B while pulling the inserter tube back with Hand A to the ring of the rod
- While holding the inserter tube with Hand A, withdraw the rod from the inserter tube all the way out
- Withdraw the inserter tube until the tube is 3-4 cm away from the cervical os, but the ends of the strings are still inside the tube.

Removing the rod first and then the tube prevents the LNG-IUD from being pulled out of the uterus

STEP 5: Cut the threads



- Use blunt-tipped sharp scissors to cut the LNG-IUD threads perpendicular to the thread length leaving about 3 cm outside of the cervix while strings ends are still in the inserter tube (cutting threads at an angle may leave sharp ends)
- Do not apply tension or pull on the threads when cutting to prevent displacing the LNG-IUD