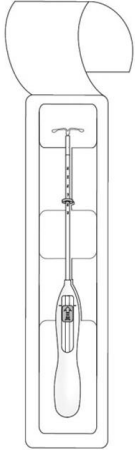
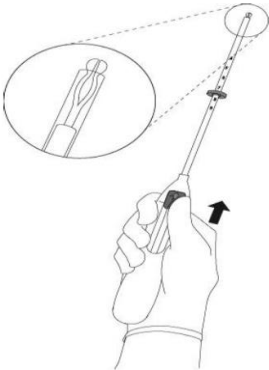
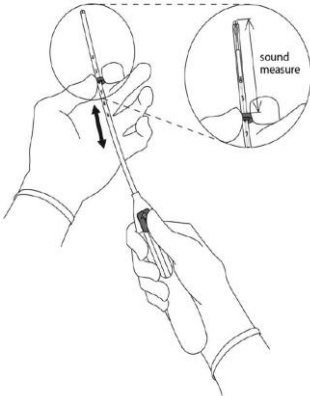
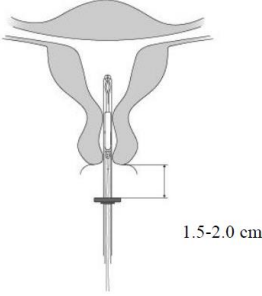
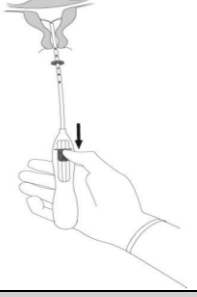
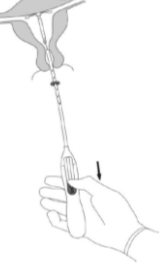
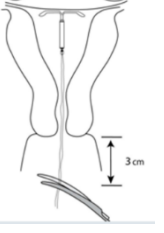


JOB AID: LNG-IUD loading with one-handed inserter

STEP 1: Open the sterile package	
	• Open the sterile LNG-IUD package • Lift the handle of the sterile inserter from the sterile package
STEP 2: Move slider all the way to forward position	
	• Move slider all the way to forward position to load LNG-IUD • The tips of the LNG-IUD arms will meet to form a rounded dome that extends slightly beyond the insertion tube. • Maintain forward pressure with your thumb or forefinger on the slider to avoid releasing strings prematurely.
STEP 3: Set the flange to uterine depth	
	• While maintaining forward pressure on the slider, set the upper edge of the flange to correspond to the uterine depth (in centimeters) measured during sounding.

JOB AID LNG-IUD Insertion with one-handed inserter

STEP 4: Advancing insertion tube	
	• Apply gentle traction on the tenaculum to straighten the alignment of the cervical canal and uterine cavity • Maintaining the slider in forward position, advance the loaded insertion tube through the cervical canal until the upper edge of the flange is 1.5-2.0 cm from the cervical OS.
STEP 5: Release the arms of the LNG-IUD	
	• While holding the inserter steady, move the slider down to the mark to release the arms of the LNG-IUD. • Wait 10 seconds for the horizontal arms to open completely.
STEP 6: Place IUD in fundal position	
	• Advance the inserter gently towards the fundus of the uterus until the flange touches the cervix. • LNG IUD is now in the fundal position.
STEP 7: Release LNG-IUD and Withdraw Inserter	
	• Holding the inserter firmly in place, release LNG-IUD by moving the slider all the way down • Keep holding the slider down while gently withdrawing the inserter from the uterus
STEP 8: Cut the threads	
	• Use blunt-tipped sharp scissors to cut the LNG-IUD threads perpendicular to the thread length leaving about 3 cm outside of the cervix while strings ends are still in the inserter tube