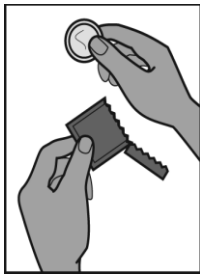


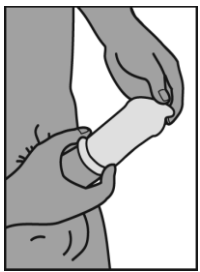
## How to Use a Male Condom



1. Use a new condom for each act of sex. Check the package for damage and check the expiration date. Tear open carefully without using any sharp objects.



2. Before any physical contact, put the condom on the tip of the erect penis with the rolled side out.



3. Unroll the condom all the way to the base of the erect penis.



4. Immediately after ejaculation, hold rim in place and withdraw penis while it is still erect. Slide the condom off, avoiding spilling semen.



5. Dispose of the used condom safely.

*Illustrations credit: Rita Meyer, from The Decision-Making Tool for Family Planning Clients and Providers  
Adapted from: Family Planning: A Global Handbook for Providers (2011 update).*