























Method	If method is used consistently and correctly (<i>perfect use</i>):	If method is occasionally used incorrectly or not used (<i>typical use</i>):
Implants	less than 	less than 
IUD	less than 	less than 
Male and Female Sterilization	less than 	less than 
Injectables	less than 	
Pills	less than 	
Male condoms		
Standard Days Method		
Female condoms		
Diaphragm		
Withdrawal		
Spermicides		

If 100 Women Use a Method for One Year, How Many Will Become Pregnant?

Note: The lactational amenorrhea method (LAM) is a highly effective *temporary* method with 1 to 2 pregnancies per 100 women in the first 6 months after childbirth.